Fair Winds Assessment and Counseling Center

6551 Harris Parkway, Suite 240, Fort Worth, TX 76132 · 817-735-4165 · Fax 817-735-4688

What to bring

A short checklist so testing day is one less thing to worry about.

For children and teens

- A snack and water
- A comfort item if it helps
- Glasses, hearing aids or other daily aids
- Any medication the provider asked you to bring or time instructions
- School records, IEP or 504 plans and recent report cards
- Any prior evaluations or therapy reports
- Names and contact information for teachers or providers

For adults

- Photo identification and insurance card, if using insurance
- A list of current medications and doses
- Any prior evaluations, school records or reports
- Names of current providers
- A list of questions or concerns
- A snack, water and anything that helps you focus

Before the visit

- Confirm the time, location and expected length
- Ask about medications and whether to give them that day
- Arrange transportation and a little extra time
- Tell us about any accessibility or sensory needs
- Bring a parent or support person if that helps

Day-of reminders

- There is no passing or failing
- Breaks are part of the plan
- It is okay to ask questions
- If something is not working, tell your provider

Questions? Call 817-735-4165.

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